



ACKNOWLEDGEMENT OF RISK COVID -19

The novel coronavirus, **COVID-19** has been declared a worldwide pandemic by the World Health Organization. **COVID-19** is extremely contagious and is known to spread mainly by contact from person to person. Consequently, local, provincial and federal governmental authorities recommend various measures and prohibit a variety of behaviors, in order to reduce the spread of the virus.

Ski Québec alpin and its members, which **(name of club/region)**_____ is part of, commit themselves to comply with the requirements and recommendations of Quebec' Public health and other governmental authorities, and to put in place and adopt all necessary measures to that effect. However, **Ski Québec alpin (name of club/region)**_____ cannot guarantee that you (or your child, if participant is a minor/ or the person you are the tutor or legal guardian of) will not become infected with **COVID-19**. Further, attending the Activities could increase your risk of contracting **COVID-19**, despite all preventative measures put in place.

By signing this document,

1. I acknowledge the highly contagious nature of **COVID-19** and I voluntarily assume the risk that I (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of) could be exposed or infected by **COVID-19** by participating in **Ski Québec alpin** or **(name of club/region)**_____ 's activities. Being exposed or infected by **COVID-19** may particularly lead to injuries, diseases or other illnesses.

2. I declare that I (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of) am participating voluntarily in **Ski Québec alpin** or **(name of club/region)**_____ 's activities.

3. I declare that neither I (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of) nor anyone in my household, have experienced cold or flu-like symptoms in the last 14 days (including fever, cough, sore throat, respiratory illness, difficulty breathing).

4. If I (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of) experience, or if anyone in my household experiences any cold or flu-like symptoms after submitting this declaration, I (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of) will not attend any of **Ski Québec alpin** or **(name of club/region)**_____ 's activities, programs or services until at least 14 days have passed since those symptoms were last experienced.

5. I have not (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of), nor has any member of my household, travelled to or had a lay-over in any country outside Canada in the past 14 days. If I (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of) travel, or if anyone in my household travels, outside of Canada after submitting this declaration, I (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of) will not attend any of **Ski Québec alpin** or **(name of club/region)**_____ 's activities, programs or services until at least 14 days have passed since the date of return.

This document will remain in effect until **Ski Québec alpin** or **(name of club/region)**_____ per the direction of the provincial government and provincial health officials, determines that the acknowledgments in this declaration are no longer required.

I HAVE SIGNED THIS DOCUMENT FREELY AND WITH FULL KNOWLEDGE.

Name of participant

Name of parent/tutor/ legal guardian
(if participant is minor or cannot legally give consent)

Signature of participant

Signature of parent/tutor/legal guardian

Date

Place